



**WHAT TO BRING – SUGGESTED CLOTHING (Please reference dress code):**

- 10 pairs of pants/shorts/skirts
  - Jeans and pants may not have any rips or tears above the knee-any holes need be patched
  - Shorts/skirts must be no shorter than fingertip length
  - Leggings may not be worn as pants unless wearing a top that falls fingertip length
- 1 dress (no sleeveless or low cut, maybe 2 inches above the knee)
- 10 shirts (including undershirts, long/short sleeve tops, tanks tops, etc.)
  - Shirts may not have any political or religious references
  - Tank tops straps will need to be 1 inch – no spaghetti straps
  - No shirts that are sheer or backless
  - All shirts and tank tops must be long enough to cover midriff and cleavage
- 1-2 belts
- 1-3 coat/jackets
- 2-5 sweatshirts/Sweaters
- 1-2 pajamas (bottoms and tops)
- 1 swimsuit must be a one piece suit or a tankini
- 1 swim shorts
- 6 pairs of shoes (1 pair must be athletic shoes)
- 1-2 pairs of tights
- 5 bras
- 3 sports Bras
- 2-3 pairs of PE Clothing (Shirts, shorts, and/or yoga pants)
- 14 pairs of socks and underwear

**WHAT TO BRING – TOILETRY ITEMS:**

- Body wash
- Shampoo and Conditioner
- Lotion – Face and Body
- Toothbrush and Toothpaste
- Sanitary napkins/Tampons
- Makeup
- Deodorant
- Electric Razor (no regular razors)
- iPod – It CANNOT have wi-fi capability or a camera
- Shampoo & Conditioner

**WHAT NOT TO BRING:**

- Aerosol Sprays
- Knives/Razors
- Mouthwash
- Cigarettes
- Glass in frames or glass decorations
- Facial/body Piercings
- Personal Electronics—Cell phones, Laptops, Digital drawing pads, etc. (only an iPod—see above)
- Hair with unnatural color (e.g. purple, blue, etc.)

**Provided by La Europa:**

LaEuropa will provide your daughter with new bedding including a pillow, sheets, and a comforter. We also provide new towels, a hygiene box, shoe bin, closet and shelf organizers.