



Program Schedule

(As of March 24, 2014)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 am	Wake up	Wake up	Wake up	Wake up	Wake up	Sleep In or Dance Class	Sleep In
8:15 am	8:15-11:20 Periods 1 and 2	8:15-11:20 Periods 3 and 4	8:15-11:20 Periods 1 and 2	8:15-11:20 Periods 3 and 4	8:15-11:20 Period 6		9-12:00 Rec Center or outdoor physical activity
11:25 am	11:25-12:05 Lunch	11:25-12:05 Lunch	11:25-12:05 Lunch	11:25-12:05 Lunch	11:25-12:05 Lunch	12:00-1:00 Free Time & Hygiene	
12:10 pm	12:10-1:10 Study Hall	12:10-1:10 Study Hall	12:10-1:10 Study Hall	12:10-1:10 Study Hall	12:10-1:10 Groups		1:00-2:00 Lunch
1:15 pm	1:15-2:00 Period 5	1:15-2:00 Period 5	1:15-2:00 Period 5	1:15-2:00 Period 5	1:30-3:00 Rec Therapy	2:00-2:30 School Clean	
2:10 pm	2:10-3:10 Groups	2:10-3:10 Groups	2:10-3:10 Groups	2:10-3:10 Free Time Options (Incl Optional Study Hall)	1:30-3:00 Free Time Options		2:30-4:00 Study Hall
3:20 pm	3:20-4:50 Expressive (AT, DMT, Wellness)	3:20-4:50 Expressive (AT, MT, Psychodrama)	3:20-4:50 Expressive (AT, MT, Sandtray, Mindfulness?)	3:20-4:50 Expressive (AT, MT, Sandtray, Life Skills)	3:00-4:30 Free Time Options	3:00-4:30 Rec Therapy	
5:00 pm	5:00-7:00 Dinner & Chores	5:00-7:00 Dinner & Chores	5:00-7:00 Dinner & Chores	5:00-7:00 Dinner & Chores	5:00-7:00 Dinner & Chores	5:30-9:00 Dinner & Movie Night	4:30-6:00 House Clean
7:15 pm	7:15-8:30 P.E. or Yoga	7:15-8:30 Free Time Options (Including AA)	7:15-8:30 P.E., Dance, or Running Club	7:15-8:30 P.E. or Dance	7:15-8:30 Craft/Game Night & Positive Leader		
8:30 pm	8:30 Community Mtg, Hygiene, Bed Time	8:30 Community Mtg, Hygiene, Bed Time	8:30 Community Mtg, Hygiene, Bed Time	8:30 Community Mtg, Hygiene, Bed Time	8:30 Community Mtg, Hygiene, Bed Time	8:30 Hygiene, Bed Time	7:00-8:30 Study Hall

Academic	Clinical	Expressive	Fun/Free Time	Wellness	Deep Clean	Meals	Other
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